**1. Motivational Perspective (30 Points)**

This section assesses the student’s ability to set clear goals and relate their learning to personal significance.

* **Goal Setting and Use of Strategies (15 Points):**
  + **Exemplary (13-15 Points):** Specific, measurable goals are set with effective use of at least three strategies, such as mastery self-talk, performance goals, or proximal goal setting.
  + **Proficient (10-12 Points):** Clear goals are set, using two motivational strategies effectively.
  + **Basic (7-9 Points):** General goals are set, using at least one strategy.
  + **Needs Improvement (0-6 Points):** Vague goals with no use of motivational strategies.
* **Connection to Personal Significance (15 Points):**
  + **Exemplary (13-15 Points):** The student clearly connects study activities to personal goals or career aspirations, showing a strong sense of purpose.
  + **Proficient (10-12 Points):** The student connects study activities to personal goals, but without fully addressing difficulties.
  + **Basic (7-9 Points):** The student makes a general connection to personal goals but doesn’t emphasize overcoming obstacles.
  + **Needs Improvement (0-6 Points):** No connection between study activities and personal goals is made.

**2. Cognitive Perspective (40 Points)**

This section evaluates the student’s use of cognitive strategies, identifying content areas of focus and addressing difficulties.

* **Identifying Content-Specific Areas and Difficulties (15 Points):**
  + **Exemplary (13-15 Points):** Clearly identifies content areas related to upcoming assessments and addresses difficulties using strategies like rehearsal and elaboration.
  + **Proficient (10-12 Points):** Content areas and difficulties are identified, but the approach lacks depth or specificity.
  + **Basic (7-9 Points):** Content areas are vaguely identified, and difficulties are not thoroughly addressed.
  + **Needs Improvement (0-6 Points):** No specific content areas or difficulties are identified.
* **Use of Cognitive Strategies (15 Points):**
  + **Exemplary (13-15 Points):** Uses at least three cognitive strategies (e.g., imagery, organization, mnemonics) effectively to address difficulties.
  + **Proficient (10-12 Points):** Uses two strategies, with some attention to difficulties.
  + **Basic (7-9 Points):** Uses one strategy but doesn’t fully address learning difficulties.
  + **Needs Improvement (0-6 Points):** No cognitive strategies are used or used ineffectively.
* **Connection to Homework and Previous Assessments (10 Points):**
  + **Exemplary (9-10 Points):** Effectively connects content to previous homework or assessments to identify learning gaps.
  + **Proficient (7-8 Points):** Connects content to homework, but depth in addressing gaps is lacking.
  + **Basic (5-6 Points):** Makes superficial connections to past assessments, without fully addressing difficulties.
  + **Needs Improvement (0-4 Points):** Does not connect content to homework or previous assessments.

**3. Metacognitive Perspective (30 Points)**

This section assesses the student's ability to monitor progress, reflect on strategy effectiveness, and adjust their learning approach.

* **Monitoring Progress and Use of Metacognitive Strategies (15 Points):**
  + **Exemplary (13-15 Points):** Includes a detailed plan for progress monitoring, using at least three metacognitive strategies (e.g., goal setting, checking comprehension).
  + **Proficient (10-12 Points):** Monitors progress using two strategies, with some attention to difficult concepts.
  + **Basic (7-9 Points):** Uses one metacognitive strategy but does not address difficult areas fully.
  + **Needs Improvement (0-6 Points):** No clear plan for monitoring progress or strategies used ineffectively.
* **Reflection on Strategy Effectiveness and Adjustments (15 Points):**
  + **Exemplary (13-15 Points):** Regularly reflects on strategies, making thoughtful adjustments based on self-assessment, specifically targeting areas of difficulty.
  + **Proficient (10-12 Points):** Reflects on strategies and makes adjustments, though the focus on difficult areas is limited.
  + **Basic (7-9 Points):** Reflects minimally, using one strategy for adjustments but without focusing on difficult areas.
  + **Needs Improvement (0-6 Points):** Does not reflect on strategies or make adjustments.